


MON January 2	WED January 4	FRI January 6
	Juice	Juice
	Herb Baked Chicken Breast Roasted Potatoes	Chicken Leg with Chalet Sauce Mashed Potatoes
	Farmers Sausage Roasted Potatoes	Creamy Meatballs Mashed Potatoes
	Fall Medley Vegetable Mix Brussels Sprouts	Italian Mix Vegetables Cauliflower
No Meals on Wheels Office Closed	Carrot Cake	Pudding
	Mango	Diced Pear

MON January 9	WED January 11	FRI January 13
Juice	Juice	Juice
Lemon Pepper Cod Roasted Potatoes	Stuffed Chicken Whipped Potatoes	Fish Fillet in Basil Oven Brownd Potatoes
Country Fried Chicken Roasted Potatoes	Teriyaki Pork Chop Rice	Chicken in Tomato Sauce Oven Brownd Potatoes
Carrots & Beans Broccoli	Turnip Oriental Mixed Vegetables	Squash Cauliflower
Pudding	Toffee Pudding Cake	Rice Pudding
Mango	Diced Pear	Tropical Fruit

MON January 16	WED January 18	FRI January 20
Juice	Juice	Juice
Glazed Ham	Swiss Steakette	Maple Glazed Salmon
Scalloped Potatoes	Baked Potato	Rice
Crunchy Cod	Fish with Hollandaise Sauce	Shepherd's Pie
Scalloped Potatoes	Baked Potato	with Gravy
Broccoli & Carrots	4 Way Mix Vegetable	Carrots
Coleslaw	Cauliflower & Broccoli	Broccoli
Jello	Apple Crisp	Pudding Cake
Mandarin Oranges	Cantaloupe	Diced Pear

MON January 23	WED January 25	FRI January 27
Juice	Juice	Juice
Butter Chicken	Herb Baked Chicken Breast	Chicken Leg with Chalet Sauce
Rice	Roasted Potatoes	Mashed Potatoes
Liver & Onions	Farmers Sausage	Creamy Meatballs
Mashed Potatoes	Roasted Potatoes	Mashed Potatoes
Carrots	Fall Medley Vegetable Mix	Italian Mix Vegetables
4 Way Mix Vegetable	Brussels Sprouts	Cauliflower
Date Square	Carrot Cake	Pudding
Mandarin Oranges	Mango	Diced Pear

MON January 30
Juice
Lemon Pepper Cod
Roasted Potatoes
Country Fried Chicken
Roasted Potatoes
Carrots & Beans
Broccoli
Pudding
Mango